



Home Safety Checklist

- Entrance well lit
- Steps & walkway in good condition & level
- Handrails present and fastened securely
- Ramp if needed
- Mailbox easily accessible
- Smoke detectors checked monthly
- Outlets not overloaded
- Fire extinguishers or baking soda easily accessible
- No space heaters
- Furnace system checked yearly
- Carbon dioxide alerts
- Gas and lawn chemicals stored away from heat sources
- Exits not block - fire exit plan
- Bathtub/shower has nonskid surface
- Tub cut-out for safe entry or shower installed
- Grab bars securely installed
- Use shower seat and handheld shower head
- Toilet seat riser
- Faucet water checked for proper temperature
- Non-skid bath rug outside tub/shower
- Automatic nightlights in bedroom, bathroom & hallways
- Flashlight by bedside
- Security system with door chimes
- Doors and windows secure
- Temperature programmed to insure proper temperature
- Cordless phone with large buttons or even talking caller id
- Emergency phone numbers posted by phone
- Vital Information posted on refrigerator
- Cords safely out of way
- "Rocker" light switches
- Change doorknobs to levers
- Adequate lighting - fluorescent
- Chemicals stored away
- No rugs
- Avoid stairs by arranging all necessary items on one level by relocating bedroom, bath or laundry
- If using a wheelchair consider changing carpet to smooth style

If a senior falls they are likely to break a bone which can then easily lead to pneumonia due to lack of movement and result in death.